

# BISTRO at

  
THE DRAGON  
MONTGOMERY

## BRUNCH/LUNCH MENU

Served Monday to Saturday, from 10:00 am to 3:00pm

### BRUNCH

**Fresh Baked Croissant** (V) £1.95  
with Welsh butter and Tiptree jam

**Fresh Baked Danish pastry** (V) £1.50  
choose from Vanilla, Pecan Maple,  
Cinnamon swirl or apple

**French Toast** with  
Cinnamon sugar, apple and  
sultana crème fraiche (V) £3.50  
Nutella and strawberries (V) £3.50  
Smoked bacon and maple syrup £4.95

**Spanish Omelette** (V) £5.50  
with garlic mayo

**Bacon and Cheese Frittata** £5.50  
with smoked bacon and gruyere

**Croque Monsieur** £5.50  
toasted ham, gruyere and béchamel

**Croque Madame** £6.00  
with fried egg

**Bacon Hash** £7.00  
sautéed Bacon, onions, beans and black  
pudding topped with a fried egg with a side  
of crispy potatoes

**Crashed Eggs** (V) £6.50  
Potatoes, onions and spinach in a  
paprika sauce baked with free range eggs

**Steak and Eggs** £12.95  
6oz Rump steak and free range  
eggs with crispy potatoes and mustard  
or bloody Mary mayo

\*(V and G on request)

### SANDWICHES

*All served on malted wheat or white bread,  
gluten-free rolls and bread available. Sandwiches  
and panini are served with salad garnish and  
red cabbage, carrot and mint 'slaw.*

BLT: Smoked bacon, lettuce,  
tomato and mayo £6.50

Fish finger with lettuce and  
tartare sauce £6.50

Cheddar and red onion (V) £6.50

Falafel and onion (V) £5.75

### PANINI

Smoked bacon, brie and cranberry £6.50

Goats cheese and red onion  
marmalade (V) £6.25

Tuna, olive and mozzarella £6.50

Milano: Salami, sun-dried tomato,  
mozzarella and basil £6.50

Ham, black pudding and stilton £6.50

### Side Orders

Chunky Chips / Shoestring Fries £2.95

Sweet Potato Fries £3.00

Dressed Continental Salad £3.50

Bread and Olives £4.50

Seasonal Vegetables £3.95

Coriander and Dukkah £4.50

Humus with warm pitta

Baguette, extra-virgin olive £1.50

oil, aged balsamic (*per person*)

Garlic Loaf (with Mozzarella) £3.50 (£3.95)



## À LA CARTE MENU

### STARTERS

- Soup of the Day** ♡ £4.95  
Always vegetarian. Always gluten-free.  
(Please ask for gluten-free bread.)
- Black Pudding Bon-bons** \* £5.95 / £8.95  
with beetroot and apple chutney.
- Carrot & Coriander Fritters** ♡ Ⓞ \* £5.95 / £9.50  
With halloumi, cucumber salad and hummus.
- Shropshire Blue Mushroom Bruschetta** ♡ (Ⓞ on request) £5.25  
Sautéed button mushrooms in a creamy Shropshire blue sauce on toast.
- Mackerel Tartare** (Ⓞ if lavosh replaced with gluten-free bread) £6.25  
Fresh mackerel ceviche, Horseradish crème fraiche and lavosh .
- Deep-Fried Panko Crumbed Calamari** \* £6.95 / £10.50  
with lemon and garlic mayonnaise and dressed salad.
- Autumn salad** ♡ Ⓞ £5.25  
Apple, orange, pomegranate and endive salad with  
honey and walnut labneh.

\* Selected dishes can be ordered as a main course.

♡ Vegetarian Ⓞ Gluten-free ⓓ Dairy-free

*The full Bistro menu is served for all lunch and evening sittings,  
with the exception of Sunday lunch times (see Sunday lunch menu).*



## À LA CARTE MENU

### MAIN COURSES

**Dukkah Rubbed Chicken** ☉ ☐ £17.50  
Coriander & cumin hummus, saffron rice with sultanas and pistachios; served with a harissa and tomato coulis

**Coté de Boeuf Bordelaise** ☉ £22.95  
Rib of Montgomeryshire beef, cooked medium/rare; served in a red wine, shallot, tarragon and mushroom sauce.

**Stuffed and Slow-Roasted Belly of Pork** £16.95  
Montgomeryshire hog belly, stuffed with sausage meat, apple, apricot and ginger; served with cider & soy gravy and parsnip puree.

**Smoked Haddock Hash** ☉ £15.95  
Poached, undyed, oak-smoked haddock, with sweet potatoes, butter-roasted leeks, spinach and peas; served with a touch of cream, topped with a free-range, fried egg.

**Whole Roasted Sea Bass (head off) with Chermoula** £17.95  
Tray-baked cherry tomatoes, Kalamata olives; served with garlic confit and preserved lemon.

#### Side Orders

|                           |       |   |       |
|---------------------------|-------|---|-------|
| Chunky Chips              | £2.95 | Coriander and Dukkah  | £4.50 |
| Shoestring Fries          | £2.95 | Humus with warm pitta   |       |
| Sweet Potato Fries        | £3.00 | Baguette, extra-virgin olive oil, aged balsamic ( <i>per person</i> ) | £1.50 |
| Dressed Continental Salad | £3.50 | Garlic Loaf   | £3.50 |
| Bread and Olives          | £4.50 | Garlic Loaf with Mozzarella   | £3.95 |
| Seasonal Vegetables       | £3.95 |   |       |

*Main courses are served with a choice of crispy potatoes or fries, seasonal vegetables or dressed continental salad.*



## BURGERS, STEAKS AND CLASSICS

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| <p><b>Cross-border Burger</b> £11.95<br/>Welsh beef and Shropshire Blue cheese. 8oz of ground Montgomeryshire beef, served in a toasted bun with lettuce, tomato, crispy bacon, Shropshire blue mayonnaise and caramelised onions; served with fries and salad. Vegetarian mushroom and mozzarella burger available.</p> | <p><b>Steak Sandwich</b> £13.95<br/>Garlic and peppered rump steak, feathered onto a dressed, seasonal salad. with sun-blush tomatoes, olives, basil oil and parmesan shavings on a warm, buttered English roll; served with fries and red cabbage, carrot and mint 'slaw.</p> |
| <p><b>Fish &amp; Chips</b> £12.50<br/>Deep fried cod in Monty's beer batter; served with chunky chips, homemade tartare sauce &amp; mushy peas.</p>  | <p><b>Grecian Salad</b> ♣ £10.50<br/>Lettuce, red onions, tomatoes and cucumber in an olive oil and balsamic dressing. Topped with falafel, olives, humus and feta; served with bread and oil.</p>   |
| <p><b>Lamb Kleftiko</b> £12.95<br/>Braised Montgomeryshire Lamb with potatoes and onions in a garlic, lemon and rosemary sauce; served with salad, pitta, olives, oil and balsamic</p>   | <p><b>Steak Frites</b><br/>Montgomeryshire beef, served with french fries and continental salad.</p> <p>10oz Sirloin and Garlic butter. £19.95<br/>10oz Rump and Garlic butter. £17.95<br/>Montgomeryshire Gammon steak with egg and pineapple. £13.50</p>                     |
| <p><b>Dragon Sausage and Frites</b> £11.50<br/>A handmade sausage of 70% pork, peppery leeks and a kick of chilli; served with fries, salad and mayo.</p>  | <p><b>Side Orders</b></p> <p>Chunky Chips / Shoestring Fries £2.95<br/>Sweet Potato Fries £3.00<br/>Dressed Continental Salad £3.50<br/>Bread and Olives £4.50<br/>Seasonal Vegetables £3.95<br/>Coriander and Dukkah £4.50<br/>Humus with warm pitta</p>                      |
| <p><b>Beetroot &amp; Goat's Cheese Risotto</b> ♣ £10.50<br/>flavoured with white wine and thyme, topped with toasted almond flakes; served with a seasonal dressed salad.</p>  | <p>Baguette, extra-virgin olive oil, aged balsamic (<i>per person</i>) £1.50<br/>Garlic Loaf (with Mozzarella) £3.50 (£3.95)</p>   |
| <p><b>Spiced Fishcake</b> £10.95<br/>Cod, salmon and other goodies, packed into a lightly-spiced cake, with roast pepper sauce, lemon and black pepper crème fraiche, crispy potatoes and salad.</p>   |  |

## PASTA

|   |   |
|---|---|
| <p><b>Lasagne Bolognese</b> £10.50<br/>Traditional beef ragù layered with fresh egg pasta topped with béchamel sauce and mozzarella; served with dressed salad.</p> <p><b>Sweet Potato, Butternut Squash and Spinach Lasagne</b>  £10.25<br/>with feta cheese and nutmeg. Layered with egg pasta, topped with béchamel sauce and mozzarella; served with dressed salad.</p> <p><b>All sauces served on fresh egg tagliatelle</b><br/><i>(Gluten-free pasta available on request)</i></p> <p><b>Tagliatelle Carbonara</b></p> <p>Chicken £10.50<br/>Smoked Bacon £10.25<br/>Mushroom  £9.95<br/>2 in 1 £10.95<br/>3 in 1 £11.50</p> <p><b>Chicken Forestiere</b>  sauce) £11.95<br/>Sautéed breast of chicken, cooked in a red wine, smoked bacon, tomato and mushroom sauce. Flavoured with garlic and fresh herbs</p> | <p><b>Pasta Lanagan</b>  £10.25<br/>Sautéed aubergines, onions and peppers, with Kalamata olives, chilli and tomato sauce; topped with feta cheese and basil oil.</p> <p><b>Smoked Haddock and Leek</b> £10.50<br/>Flaked smoked haddock and sautéed leeks in a parmesan sauce.</p> <p><b>Side Orders</b></p> <p>Chunky Chips / Shoestring Fries £2.95<br/>Sweet Potato Fries £3.00<br/>Dressed Continental Salad £3.50<br/>Bread and Olives £4.50<br/>Seasonal Vegetables £3.95<br/>Coriander and Dukkah £4.50<br/>Hummus with warm pitta<br/>Baguette, extra-virgin olive oil, aged balsamic <i>(per person)</i> £1.50<br/>Garlic Loaf (with Mozzarella) £3.50 (£3.95)</p> |
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### EARLY BIRD OFFERS

*There is a 20% discount if you order from the Burgers, Steaks and Classics, or Pasta menus between 5.45pm and 6.45pm,*

## NOTES

 VEGETARIAN  GLUTEN-FREE  DAIRY-FREE

**Locally-sourced meat:** The pork, gammon, bacon and sausage we use, come from Neuadd Fach, Llandinam. Our steak, lamb and beef comes from Morwens of Forden (4 miles).

**Children's choices:** If you would like children's portions or alternative choices for children, please ask and we will try and accommodate you.

The majority of our food is freshly-cooked to order. As a result, during very busy periods, you may experience slightly longer waiting times than usual. At these times, we still work very hard to ensure that every order arrives at your table as quickly as possible. Please bear with us or ask our staff to advise about food choices which take less time to prepare.

Please note that we cannot guarantee our fryers are gluten-free.



## DESSERTS

*See the board for our daily specials*

### CLASSICS

**Artisan Cheeseboard** £7.95  
Cheese and cracker selection, chutney, celery and grapes. **V**  
(Why not add a Port for £3.00)

**Affogato** £2.95  
An espresso served with a scoop of plain ice cream. **V G**

**Café Reale** £4.50  
Fig poached in white wine, honey and cinnamon with mascarpone and an espresso. **V G**

### ICE CREAM AND SORBETS

**Selection of 'Dairy Dreams'** £1.25  
and other ice creams and sorbets (per scoop)

**Ice Creams:** Milk, Pistachio, Coconut, Strawberry, Chocolate, Coffee, Salted Toffee, Oreo, Peanut Butter, Raspberry Ripple, Coconut

**Sorbets:** Lemon, Apple Cider, Passionfruit and mango, Ginger and lemongrass, Elderflower

*NB: Flavours may vary from day to day, so please ask availability*

### HOT DRINKS

| <b>Coffees</b> | <b>Sgl</b> | <b>Db1/Lge</b> |
|----------------|------------|----------------|
| Espresso       | £1.75      | £2.00          |
| Americano      | £1.95      | £2.60          |
| Latte          | £2.50      | £3.00          |
| Cappuccino     | £2.35      | £2.90          |
| Mocha          | £3.00      | £3.50          |

| <b>Teas</b>          | <b>Pot</b> |
|----------------------|------------|
| English Breakfast    | £1.95      |
| Earl Grey            | £1.95      |
| Herbal               | £1.95      |
| <b>Hot Chocolate</b> | £1.95      |

### LIQUERS

*Please ask for our Port, Cognac, Whisky and Whiskey selections*